



Alexa ... You Make My Life Easier!

(by George Hamilton, OSATP Advisory Council Member)

During a recent Advisory Council meeting for the Oregon Statewide Assistive Technology Program (OSATP), Laurie Brooks requested article topics for upcoming editions of Tech It Easy. Members were so engaged; offering suggestions such as built-in accessibility features of computers and iDevices, apps designed to assist Seniors, comparison of free and paid apps, ... well you get the picture. Then, knowing the OSATP staff have an Amazon Echo in their Demonstration Library, I chimed in and suggested an article about that smart lady -- Alexa. And then, depending on your

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Inside
For your
removable
ATM

point of view, something “amazing” happened. Laurie asked if I would write the article from a consumer perspective. So here goes ... When I first started to write this article, people said I should begin with a disclaimer, “I’m not a paid spokesman for Alexa, just a very big fan!”

Let me start by sharing an overview of the ways my friend and I have found the Amazon Echo to be most useful to those of us with disabilities. With the Amazon Echo and Alexa app on my smartphone, I can control a number of devices, while at home, or on the go.

If you’re like me, and have difficulties using your hands, don’t worry — Alexa

allows me to set alarms, and timers, create reminders and shopping lists and even conduct Internet searches almost hands-free.

I use Alexa for daily tasks. For example, she is my alarm clock, she reads aloud news flashes that are sent to my smartphone, as well as any news articles that I’m interested. She even plays my favorite music from iHeartRadio, and places phone calls to my friends who also have an Amazon Echo.

And talk about a great memory aid. If I’m uncertain if I fed the dog today, or if the dishes in the dishwasher are clean, I simply ask Alexa. But wait - THERE’S MORE.

(See Smart Home . on page 2)

Smart Home Technology

Alexa is amazing by herself, but add smart home technologies to her, and stand back! Let me share smart home technologies that I have found that work well with Alexa to further increase my independence around the home.

Smart Locks: I think a smart lock, such as the August Smart Lock, on your home is safer than a traditional keypad; especially if you need to provide a housekeeper, your nurses or therapists access to your home. The traditional keypad lock is not designed to provide you with details of who used it, and depending on the specific keypad, changing the combination code can be quite challenging. I even have a friend who had some people “beat” the combination to his keypad system more than once. However, August Smart Lock integrates with Alexa allowing you to lock or unlock your door using voice commands. The August Smart Lock app can also use your smartphone as the key; allowing you to assign a digital key to those other important people in your life, while at the same time allowing you to have complete control over the

***“For people without disabilities, technology
makes things easier.***

***For people with disabilities, technology
makes things possible.”***

number of times and specific days they can have access, track who has entered your home, and when you decide to stop someone from coming in, quickly and easily remove their access.

Smart Doorbells: You have probably seen video doorbells advertised on TV. These smart doorbells work great when you are stuck in bed because of age issues or sickness, or if you can't see out your window from your wheelchair. Smart doorbells, like Ring and SkyBell even include a motion-sensor camera to show you who is at the door; even if they don't ring the bell. These smart doorbells let you decide whether or not to answer the door, because you can see who is there. Some smart doorbells let you have a two-way conversation with the guest at your

door; even if you are not home at the time. Want to see if the mail carrier left a package on your doorstep? Say “Alexa, show my front door camera.”

Smart Thermostats: For individuals who experience difficulties reaching their wall thermostat, a smart thermostat such as the Nest Learning Thermostat may be a great solution. Smart thermostats allow you to maintain a comfortable temperature in your home, with little to no input from you, and they allow you to change the temperature using a smartphone, even when you are out; ensuring you won't come into a cold house.

Smart Lighting: Do you know lighting was one of the first types of smart home gadgets made compatible with Amazon's Echo? Now there are a number of smart bulbs, switches, dimmers and outlets



Assistive Technology MarketPlace

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Oregon's Statewide Assistive Technology Program

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Salem, OR 97305
www.accesstechnologiesinc.org
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Canes/ Crutches

Cane- Adjustable
\$17.00

Designer Adjustable Canes. Derby handle, T-handle, Offset handle, Pistol Grip Gel, Pistol Grip Wood. Folding & Non Folding.

Cane-Crookneck
\$12.00

Standard aluminum cane with round vinyl hand grip. 300 lb. weight capacity, locking ring ensures added safety after adjustment.

Cane-EZ Rise
\$33.00

Combines rising assistance with a walking cane. Second soft grip handle is positioned approx 8" below standard offset soft grip handle.

Cane-Quad Base
\$20.00 Small \$22.00 Large

Quad base cane with offset padded hand grip. Large or Small base.

Cane-Storage Pouch for Folding Canes
\$15.00

This storage bag/pouch has velcro enclosure, a slot for "business" card and is a great way to protect your folding cane. Can attach to belt.

Cane-Tall and Large
\$22.00

This cane has 1" steel tubing, offset handle with vinyl grip and wrist strap. 500 lb. weight capacity.

Cane-Universal Strap

\$7.50

Fits most wood or aluminum canes. When not in use, wear the cane on your wrist.

Crutches- Forearm

\$45.00 Adult \$50.00 Tall

Leg & forearm adjust independently, ergonomic contoured arm cuffs, vinyl hand grips, x-tra large tips for added stability.

Crutches- Underarm

\$20.00

Crutches-Underarm



Folding Cane



Quad Cane



Bed Cane With Organizer



Crookneck Cane



EZ Rise

Hospital Beds

Bed Assist Rail

\$48.00

Strong, nylon strap prevents the rail from moving. Provides assistance when moving from a lying position to a sitting position in bed. 250 lb. weight Capacity.

Bed Cane w/ Organizer

\$75.00

Steel handle/cane is mounted on board & secures between mattress & box spring. Can be attached to home or hospital bed. Adjusts from 19" to 22" high. Includes attachable organizer w/four pockets.

Table-Pivot Tilt "C" Base

\$85.00

The mast of the table is designed to adjust and lock into one of three positions. The range of horizontal to 90 degrees allows the table to become flat for writing and eating, or slant to hold a reading book. The "C" shaped base allows the table to come close to chair/wheelchair.

Table-Pivot Tilt Overbed

\$85.00

Height adj. 28" - 45". Separate tilt & raise/lower handles. Two locking and two standard casters, holds up to 50 lbs. Wood grain laminate top measuring 15"x30".



Universal Cane Strap

Independence is Priceless. . .but the technology to support independence has a pricetag!

Access Technologies, Inc. (ATI), strives to make low cost assistive technology available for varied needs.
Would you like to advertise?

You may do so on our website, or please find our form contained within; mail or fax to us.

ATI accepts donations of clean usable equipment, along with cash donations in any amount.

All Donations to ATI are tax deductible. 503-361-1201 or 800-677-7512, FAX 503-370-4530

Lifts/ Transfer

Car Caddie

\$17.00

For those needing help from a sitting position to standing when exiting a vehicle. No-slip handle, easy installation, adaptable to fit any framed window, adjustable in height.



Car Caddie

Gait Belt-Quick Release

\$25.00

Sturdy buckle makes it easier to put on belt and take off; size the belt and never have to re-thread! Buckle snaps closed, opens with a squeeze. Choice of 54" or 72"

Leg Lift

\$8.00

A simple way to help lift your leg. 36" long with hand and foot loops.

Transfer Board

\$40.00

Used to bridge the gap between two transfer points making patient transfers easy and safe. 29.5" x 7.5", solid pine with two hand slots to assist the caregiver in the placement and removal of the board. 440 lb. wt limit.

Miscellaneous

Doze Alert

\$35.00

Doze Alert Sleep Warning System fits behind ear. 18 pre-selected positions to activate alarm. 1.5 volt Battery included.

Personal Care/ Dressing Aids

4 piece Rehab Kit--Hip/Knee

\$24.00

Rehab Kit, after hip/knee replacement, includes 4 items; 1 each: Lt-Wt Reacher, long-handled bath sponge, terry cloth sock-aid, and plastic hvy-dty shoehorn.

5 piece Rehab Kit--Hip/Knee

\$27.00

Rehab Kit, after hip replacement, includes 5 items; 1 each: Lt-Wt Reacher, long-handled bath sponge, semi-rigid sock-aid w/cord handle, dressing stick, and plastic hvy-dty shoehorn.

6 piece Rehab Kit--Hip/Knee

\$30.00

Rehab Kit, after hip replacement, includes 6 items; 1 each: Lt-Wt Reacher, contoured long-handled bath sponge, semi-rigid sock-aid w/cord handles, Leg Lifter, plastic hvy-dty shoehorn, and a pair of elastic shoelaces.

Cold Pak - Gel Reusable

\$15.00

Effective way of applying cold therapy to localized areas. When chilled or frozen, they remain cold for approx. 30 min. Easily conforms to any body contour. Reusable, heavy duty design, 11x14.

Dressing Stick

\$5.00

A simple way to help those needing assistance dressing. 27" wooden handle with "S" hook on one end and "?" shape on other end.

Easy Opener

\$5.00

Provides support with minimum strength to easily open bottles, bottle caps, pull tabs & box tops.

Elastic Shoe Lace

\$3.00

Tie shoes once and never tie again. Easy to use, reduces pressure points in shoes, for those with disabilities that prevent them from bending over. Black, Brown, Tan, or White.

Grabber/Reacher Claw

\$10.00

Helping Hands!! Lightweight, easy to use ergonomic, locking plastic grabber claw and magnetic tip.

Grabber/Reacher Suction

\$17.00

Helping Hands!! Lightweight, easy to use ergonomic grip, non-slip rubber grabber suction cups.



Grabber Reacher Claw

Grabber Reacher Suction



Long Reach Comfort Wipe

\$10.00

Toilet tissue holder reaches when you can't. Curved design to put pressure where you need it. Flexible head with secure grip and easy release button. No touching, No mess.

Pill Box 7 day

\$2.00

Storage compartment for each day of week.

Shoehorn, Metal

\$10.00

Sturdy metal with rubber handle for those needing assistance putting on shoes.

Sock Aid Semi-Rigid

\$15.00

A simple way to help put socks on when bending is an issue. Semi-rigid plastic, cord with foam handles.

Sock Aid Terry

\$10.00

A simple way to help put socks on when bending is an issue. Terry cloth with loop handles.



Sock Aid Terry

Special Pill Combo Pak

\$4.00

Storage compartment for each day of week, plus all in one tool for splitting, crushing, and storage. Stainless steel splitting blade, built in pill storage area. Bottom serves as a drinking cup. Compact size.



Sock Aid Semi-Rigid

Zipper & Button Enabler

\$5.00

For those with limited mobility needing assistance with buttons or zippers. Easy to grasp, folds to fit in purse or pocket.

Ramps

1 in. Threshold Ramp (Aluminum)

\$50.00

Liteweight aluminum, free-standing ramp, full-width design (34" wide); seam-free surface. For doorways, raised landings and sliding glass

1.5 in. Threshold Ramp (Rubber)

\$90.00

Slip-resistant, from recycled tires. 36" usable width, 850 lb wt capacity.

10 ft. Advantage Trifold Ramp

\$516.00

Access vans, steps, and raised landings, skid resistant surface, 29.5" wide, supports up to 800 lbs.

2 in. Threshold Ramp (Aluminum)

\$60.00

For doorways, sliding glass doors, single steps, and raised landings, 34" wide, supports up to 600 lbs.

2.5 in. Threshold Ramp (Rubber)

\$120.00

Slip-resistant, from recycled tires. 48" usable width, 850 lb wt capacity.

6 ft. Advantage Trifold Ramp

\$263.00

Access vans, steps, and raised landings, skid resistant surface, 29.5" wide, supports up to 800 lbs.

7 ft. Advantage Trifold Ramp

\$303.00

Access vans, steps, and raised landings, skid resistant surface, 29.5" wide, supports up to 800 lbs.

7 ft. Signature Suitcase Ramp

\$280.00

Ultra-strong, single-fold, portable, non-skid tread, and self-adjusting bottom transition plate.

8 ft. Advantage Trifold Ramp

\$386.00

Access vans, steps, and raised landings, skid resistant surface, 29.5" wide, supports up to 800 lbs.

Advantage Trifold Ramp



EZ-ACCESS
QUALITY ACCESS SOLUTIONS
SUITCASE RAMP Signature Series™



Top Lip Extensions

\$40.00

Top Lip Extensions (2 each) extends the Advantage Trifold, Suitcase Advantage, and Signature ramps. These are optional plates that increases the standard 3" ramp lip to 9", allowing the ramp to clear the rear bumper of SUVs and vans. Simply attaches to the top lip.

Scooter

Scooter Carry Bag

\$40.00

Easily attaches to Scooters. 1 zippered pocket, 3 mesh pockets, durable, & easy to clean. Nylon/Mesh.

Shower/ Bath/ Commodes

Bath Chair w/Back

\$35.00

Adjustable bath chair fits entirely inside the tub or shower, with back, holds up to 300 lbs.

Bath Chair w/Back, removable arms

\$50.00

Adjustable bath chair fits entirely inside the tub or shower, with removable back & arms. holds up to 300 lbs.

Bath Chair w/Back, Xtra Hvy-Dty

\$80.00

Large nearly square seat, 16" deep, with drainage holes, cross braces, for those who need extra stability in the shower, 600 lb. wt capacity.

Bath Chair w/o Back, Xtra Hvy-Dty

\$60.00

Large nearly square seat, cross braces, for those who need extra stability in the shower, 500 lb. wt capacity.

Bath Chair w/o Back/Arms

\$30.00

Adjustable bath chair fits entirely inside the tub or shower, no back or arms. Holds up to 300 lbs.

Bath Chair-Round

\$35.00

Compact round shower stool for tight spaces.

Bath Mat

\$20.00

AquaSense bath mat. Machine washable, antimicrobial, active suction grip, soothing massage zones.

Bath/Shower Bench-Transfer, Plastic

\$60.00

Three sections of plastic seat with reversible back make this shower/tub transfer bench a comfortable choice. The tub side has suction cup feet with good selection of height adjustment. Weight capacity 400 lbs.

Commode 3-in-1 (Standard w/drop down arms)

\$74.00

Has 12 qt pail, sleeve & lid, adj legs, molded plastic arms that drop down for easy transfer. 300 lb. wt. capacity.

Commode 3-in-1 (Standard)

\$50.00

Has 12 qt pail, sleeve & lid, adj legs, molded plastic arms. 300 lb. wt. capacity.



3-in-1 Commode

Commode Heavy Duty 3-in-1 Folding

\$98.00

Has 12 qt pail, sleeve & lid, adj legs, molded plastic arms. Folds for easy transport. 650 lb. wt. capacity.

Shower Chair and Commode - Rolling

\$120.00

Has 12 qt pail, sleeve & lid, adj legs, molded plastic arms. padded seat, removable back, locking rear wheels.

Toilet Safety Rails

\$40.00

Make the bathroom safer for individuals needing assistance in raising from a sitting position. Adjustable width and height, attaches to standard toilet, 250 lb. wt. capacity.

Toilet Seat

Locking

With Arms



Toilet Seat-Hinged Raised

\$60.00

A seat riser made of two parts hinged together. Allows the ring to be lifted in the same manner as your standard toilet seat. Elevates by 3". Hardware kit included. Standard or Elongated.

Toilet Seat-Locking

\$28.00 w/o Arms \$68.00 w/Arms

A universal design that fits most toilets. Heavy-duty molded plastic construction provides additional strength and durability. Locking device has larger, heavy-duty worm screw and locking plate to ensure a safe, secure fit. Raises toilet seat height 5-inches.

Walkers/ Accessories

Glide Caps

\$9.00

Allows walker to slide easily and smoothly over most surfaces. These replace the existing rubber tips for smoother and easier gliding. Ideal for indoor use.

Glide Covers

\$9.00

The glide cover can easily be added to the walker, for use over existing rubber tip. The glide covers increase the life of the walker tips.

Glide Skis

\$9.00

The glide skis can easily be added to the walker back legs to help "glide" the walker.



Glide Skis

Glides - Bunny Slipper

\$10.00

Stylish Bunny Slippers allows walker to glide easily & smoothly over most surfaces. (Blue, Pink, or Purple)



Glides
Bunny Slippers

Glides - Sneakers

\$9.00

Stylish tennis shoes allows walker to glide easily & smoothly over most surfaces. (Blue, Pink, or Purple)



Glides- Sneakers

Glides - Tennis Ball

\$18.00

Provides a quiet, smooth and durable glide when used with walker.

Rollator- 3 wheel

\$120.00

Lightweight, 3- 7.5" wheels. Loop lock, adjustable handles & brakes. Standard with pouch.

Rollator-2-in-1, Transport (Duet)

\$170.00

Combines transport chair & rollator into one. Contoured, two position, padded back rest attaches to front or back, large 8" casters. Lock prevents accidental folding. Foot rest folds down when being used as a transport chair & folds out of the way as rollator.

Rollator-6.0" Casters

\$140.00 w/Cane \$130.00 w/o Cane

Four wheel walker has padded seat & padded curved backrest. 6" casters, height of both seat and the handles adjust, 250 lb. wt. capacity. Under seat zippered bag and additional accessory pouch. Comes with or without matching cane.

Rollator-7.0" Casters

\$140.00

Four wheel walker w/seat, height adjustable arms with locking hand brakes, storage pouch, wt. 250 lb. wt. capacity. 7" casters.

Rollator-7.5" Casters

\$145.00

Four wheel walker w/seat, height adjustable arms with locking hand brakes, storage pouch, 7.5" casters.

Rollator-8.0" Casters

\$150.00

Four wheel walker w/seat, height adjustable arms with locking hand brakes, storage pouch, 300 lb. wt. capacity, 8" casters.

Rollator-Oversized Go-Lite

\$160.00

(GoLite) Extra wide, padded seat is 18" x 13"; wire basket hangs under seat or in front of walker; The handles raise to 39", 8" casters, weighs 26 lbs. 400 lb.wt. capacity.

Walker - Heavy Duty Dbl Button w/5" wheels

\$70.00 w/o wheels \$80.00 w/wheels

Folding, double button action. This walker is designed with a wider and deeper frame design for larger individuals up to 500 lbs.

Walker - Rear Glide Brakes

\$25.00

For use on back of wheeled walkers. Nylon tip glides along surface until weight is applied to hand grip, which activates the rubber tip brakes. Allows for 8 height adjustments. Comes with or without 3" wheels.



Tennis Ball Glides

Walker - Tall Extension Legs

\$25.00

Makes height adjustments from 36" to 43" on a standard adult walker.

Walker Basket

\$12.00

Can be used with all 1" folding walkers. It comes with a plastic insert tray and a cup holder, making transporting personal items a cinch.

Walker Tray - Folding

\$30.00

Durable plastic, 2 cup holders, easy to install. fits most walkers 16x12.

Walker Tray - Universal

\$35.00

Fits most mfr's walkers. Easy to clean, durable plastic with a cup holder.

Walker Wheels-3" Swivel

\$19.00

This heavy duty 3" swivel wheel allows walker to roll easily and smoothly in any direction and over irregular surfaces; includes rear glide caps, 8 height adjustment settings.

Walker Wheels-5" Non-Swivel

\$18.00

This heavy duty 5" Non-swivel wheel allows walker to roll easily and smoothly in any direction and over irregular surfaces; includes rear glide caps, 8 height adjustment settings.

Walker Wheels

Walker Ext Legs



Walker Wheels-5" Swivel

\$25.00

5" rubber wheels with rear glide caps allow walker to roll easily and smoothly. Converts folding walker into wheeled walker, 8 height adjustments, 2 sided positioning.

Walker- Dbl Button w/5" wheels

\$50.00

Deluxe folding walker, double button folding action. with 5" wheels. Vinyl hand grips.

Walker- Dbl Button w/o wheels

\$30.00

Deluxe folding walker, double button folding action. Vinyl hand grips.

Walker- Dbl Trigger w/5" wheels

\$50.00

Pull up on extended dual palm trigger release levers, ideal for individuals with limited finger dexterity. Vinyl, ribbed contour handle grips, 5" front wheels, 350 lb. wt. capacity.

Walker- Dbl Trigger w/o wheels

\$40.00

Pull up on extended dual palm trigger release levers, ideal for individuals with limited finger dexterity. Vinyl, ribbed contour handle grips, 350 lb. wt. capacity.

Walker- Hemi

\$45.00

Only 3" deep when folded; with two-levels. Provides support for standing from a seated position. For one arm use, lightweight "side" walker combines support and stability. Extra hand grip for ease of folding.

Walker- JR. Dbl Trigger w/5" wheels

\$50.00

Pull up on extended dual palm trigger release levers, ideal for individuals with limited finger dexterity. Vinyl, ribbed contour handle grips, 5" front wheels, 350 lb. wt. capacity.

Walker- JR. Dbl Trigger w/o wheels

\$40.00

Pull up on extended dual palm trigger release levers, ideal for individuals with limited finger dexterity. Vinyl, ribbed contour handle grips, 350 lb. wt. capacity.

Walker- Single Button w/o wheels

\$30.00

Deluxe folding walker, single button folding action. Vinyl hand grips.

Walker-JR, Dbl Button w/o wheels

\$30.00

Easy push-button mechanisms may be operated by fingers, palms or side of hand. Each side operates independently to allow easy movement through narrow spaces and greater stability while standing. Unique U-shaped frame design creates greater clearance. 350 lb. wt. capacity.

Walker-JR. Dbl Button w/5" wheels

\$40.00

Easy push-button mechanisms may be operated by fingers, palms or side of hand. Each side operates independently to allow easy movement through narrow spaces and greater stability while standing. Has 5" wheels & 350 lb. wt. capacity



Dbl Trigger



Dbl Button



Rollator—Go Lite



Rollator-2-in-1



Transport Chair



Cruiser III Wheelchair



Walker Basket

Wheelchairs-manual

Wheelchair - Folding Transport Chair

\$115.00

Weighs only 19 lbs. with 8" composite wheels. Back folds down for storage and transport. Standard rear wheel locks. 17" or 19" wide.

Wheelchair -Cruiser III--16 inch

\$170.00

Removable flip back desk arms; attractive carbon steel frame w/silver vein finish. Composite, light weight Mag-style wheels. Padded nylon seat and back, Max wt. 250 lbs.

Wheelchair -Cruiser III--18 inch

\$180.00

Removable flip back desk arms; attractive carbon steel frame w/silver vein finish. Composite, light weight Mag-style wheels. Padded nylon seat and back, Max wt. 300 lbs.

Wheelchair -Cruiser III--20 inch

\$185.00

Removable flip back desk arms; attractive carbon steel frame w/silver vein finish. Composite, light weight Mag-style wheels. Padded nylon seat and back, Max wt. 300 lbs.



Assistive Technology MarketPlace

BARGAIN BASEMENT Gently used equipment available at ATI in Salem

Hearing

Telephone Amplifier

\$10.00

Walker W10 in-line phone amp is compatible with corded landline telephones. Designed to increase incoming signals with up to 26 db of gain above the normal level.

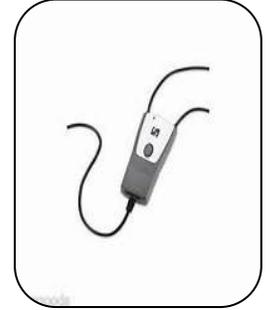


Amplified Neckloop

\$10.00

ClearSounds Amplified Powered Neckloop.

Provides hands-free operation of most phones for individuals using a T-Coil Hearing Aid.



Infrared Listening System

\$45.00

Williams Sound Stereo Infrared Listening System helps anyone needing auditory assistance to overcome background noise.



TTY Ultratec Minicom IV

\$5.00

Add a TTY to your office to make it easier to communicate with your customers.



Vision

Oversize Remote

\$7.00

Tek Partner Universal Jumbo Oversized TV/VCR Remote



Technology

iPod Cover (2nd Gen)

FREE

Protective Cover for iPod Touch



Donate your Gently Used Items at ATI in Salem (All Donations to ATI are tax deductible)

Mobility

Ramp

Wheelchair

\$75.00

Breezy Ultra 4, High strength, lightweight manual wheelchair.

Weight capacity 250 pounds.



Ramp

\$30.00

\$7' Wheelchair Ramp
Telescoping Wheelchair Ramp. Extended Length 60 In., Load Capacity 660 lb., Material Aluminum, Retracted Length 36 In., Usable Width 4 1/2 In., 1 Pair



Shower / Bath / Commodes

Toilet Safety Rail

\$15.00

Lumex Toilet Safety Rails. Adjusts in width and height. Attaches to standard toilet.



Toilet Safety Rail

\$15.00

Drive Toilet Safety Rails. Adjusts in width and height. Attaches to standard toilet, Max weight capacity 250 lbs



Cane

\$10.00

Adjustable Crookneck Cane.



Crutches

\$15.00

Bariatric Underarm Crutches. Adjusts to 55 Inches in height



Advertise Your Gently Used Items On Our Website For Free

www.accesstechnologiesinc.org/marketplace

Or

Donate your Gently Used Items at ATI in Salem (All Donations to ATI are tax deductible)

Exercise Equipment

Wonder Core Exercise Machine

\$40.00

Tone your abs and strengthen your core in no time with the Wonder Core. Zeroes in on your upper middle, lower abs and obliques. Adjustable resistance to build and tone muscle



Pediatric Lift/Transfer

Standing Frame

\$100.00

Pneumatic standing frame, with 4 locking wheels. Includes support pads adjustable, headrest, knee, foot, heel & toe straps. Max weight capacity 150 pounds.



Pediatric Mobility

Transport Chair - Quickie Iris

\$50.00 #6376

Quickie Iris Pediatric "Tilt-in-space" Transport Chair. Tilts 60 Degrees. Around user's center of gravity.



Transport Chair - Serval/Panda

\$50.00

Serval frame with R82XPanda seating system. Seat adjusts up to a size 2. Head & lateral side supports, padded arms, and lap seat belt. All terrain 9 inch rear wheels with breaking system.



Wheelchair - Zippie GS

\$75.00

Zippie GS Pediatric Wheelchair



Walkers / Accessories

Walker

\$15.00

Double Button Walker with Tennis Ball Glides and 5" Wheels



Rollator

\$40.00

Medline Rollator. Padded Seat, Storage pouch, Adjustable handle height, 5" wheels



Forearm Walker Attachments

\$40.00 (Set—walker not included)

Platform attaches to cross braces on side of walker. Acts as a high armrest with hand grip. Useful for taller individuals or those who cannot straighten arm to grip the top of the walker.



Lifts / Transfer

Gait Belt-Quick Release

\$15.00

Sturdy buckle snaps closed, opens with a squeeze. Size and never have to rethread. 62"



Consumer Listing For Sale

Go to www.accesstechnologiesinc.org/marketplace for more information and contact numbers.

- | | | | |
|-------------------------------------|-------|--|----------|
| • Invacare Hoyer Lift: | \$250 | • Reclining Wheelchair: | \$400 |
| • Electric Hosp. Bed (Bariatric): | \$500 | • U-Step 2 Walker: | \$500 |
| • Farview Portable Video Magnifier: | \$100 | • Karmen Transport Wheelchair: | \$500 |
| • Hydraulic Patient Lifter: | \$200 | • Breezy Ultra 4: | \$450 |
| • Bedside Commode: | \$40 | • Toyota Sienna SE: | \$45,000 |
| • Shower Chair | \$40 | • Invacare Pronto M41 Power Wheelchair | \$500 |
| • Invacare TDX-SP Power Wheelchair | \$600 | • Quad Cane | \$15 |
| • Hoveround Wheelchair | \$475 | • Oversize Rollator | \$80 |

Ask REMI!



Dear Remi,

My doctor said I'm experiencing eye-strain and eye-fatigue because of too much screen-time. At work I'm either using a computer or iPad tablet all day. I'm wondering if you have any suggestions. Tied Eyes.

Dear TE,

You are not alone. In today's digital world we use computers throughout our workday, and when we get home, many of us watch a movie on our tablet devices. We check the news on our smartphone, read our favorite book electronically, and when we need directions or a telephone number yet again, we turn to a digital screen.

Many people who experience similar symptoms have found Blue Light Blocking eyewear, such as the *Polinelli Reading Glasses*, help reduce eye fatigue and eye strain caused by our digital technologies. The Polinelli lens are designed to block approximately 30% of potentially harmful blue light and also feature UV400 protection which eliminates glare for enhanced visual clarity.

The *Polinelli Reading Glasses* are available online or at Access Technologies, Inc. Come by our office to try a pair, or schedule time with one of our Assistive Technology Specialists to talk about other possible solutions. Don't forget to say, "Remi sent you". See you soon. ~ Remi.

(Smart Home- cont. from page 2)

available that help Alexa to light your way; - simply by voice, including WeMo and Insteon Hub.

The Belkin WeMo Light Switch is one example of an on/off switch that works over WiFi, making it easy to connect to Alexa without the need of a separate hub. The WeMo Switch allows you to toggle plug-in appliances and lights on and off with a smartphone app, physical power button, or YES by voice with Alexa. If you'd like to monitor the energy usage of the device plugged into the switch, use a WeMo Insight Switch.

Smart Curtain Shades/Blinds: Operating curtains and shades can be really difficult for people with poor fine motor control in their hands, and/or restricted mobility.

But now, with smart curtain shades and blinds Alexa can open and close the shades and blinds simply by your voice.

Smart Garage Door Opener: A newer line of smart home technologies include the ability to open or close your garage door with Alexa. Garageio is one example of a small, WiFi-enabled device that allows you to remotely open and close the door from your phone; without replacing your existing opener. Garageio will alert you if your garage door has been left open, and allow you to close it immediately, with a swipe on your smartphone or simply by asking Alexa.

Alexa—I am such a fan. Thank you for making my life easier!



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